

Shoals Community Schools Menu

October 2017

Subject to Change

Monday October 2, 2017

Breakfast: Cereal or Cereal Bar, Fruit or Juice and Milk

Lunch: Chicken Nuggets, Mixed Veggies., Bread and Butter, Applesauce and Milk

Tuesday October 3, 2017

Breakfast: Donut, Sausage, Fruit or Juice and Milk

Lunch: Stuffed Crust Pizza, Carrots, Pineapple and Milk

Wednesday October 4, 2017

Breakfast: Egg and Cheese Breakfast Wrap, Fruit or Juice and Milk

Lunch: Country Fried Steak, Mashed Potatoes, Mixed Fruit, Dinner Roll and Milk

Thursday October 5, 2017

Breakfast: Waffle Sticks, Tri-Tater, Fruit or Juice and Milk

Lunch: Mac and Cheese, Broccoli, Mandarin Oranges, Bread Stick and Milk

Friday October 6, 2017

Breakfast: Cereal, Yogurt, Fruit or Juice and Milk

Lunch: Hamburger w/Bun, Sweet Potato Fries, Pears and Milk

Monday October 9-13, 2017

FALL BREAK

Monday October 16, 2017

Breakfast: Cereal or Muffin, Fruit or Juice and Milk

Lunch: Popcorn Chicken, Green Beans, Bread and Butter, Peaches and Milk

Tuesday October 17, 2017

Breakfast: Pancakes, Sausage, Fruit or Juice and Milk

Lunch: Pepperoni Bosco Sticks, California Blend, Applesauce and Milk

Wednesday October 18, 2017

Breakfast: Breakfast Pizza, Fruit or Juice and Milk

Lunch: Chicken and Noodles, Mashed Potatoes, Pineapple, Dinner Roll and Milk

Thursday October 19, 2017

Breakfast: Dutch Waffles, Tri-Tater, Fruit or Juice and Milk

Lunch: Hot Dog on a Bun, Peas and Carrots, Mixed Fruit and Milk

Friday October 20, 2017

Breakfast: Cereal or Cereal Bar, Fruit or Juice and Milk

Lunch: Soft Shell Chicken Tacos, Refried Beans, Mandarin Oranges, and Milk

Monday October 23, 2017

Breakfast: Cereal, Yogurt, Fruit or Juice and Milk

Lunch: Corn Dog, Baked Beans, Pears and Milk

Tuesday October 24, 2017

Breakfast: Cinnamon Coffee Cake, Sausage, Fruit or Juice and Milk

Lunch: Chicken Patty w/Bun, Corn, Peaches and Milk

Wednesday October 25, 2017

Breakfast: French Toast, Fruit or Juice and Milk

Lunch: Spaghetti w/Meat Sauce, Green Beans, Applesauce, Garlic Bread and Milk

Thursday October 26, 2017

NO SCHOOL...Parent/Teacher Conf.

Friday October 27, 2017

Breakfast: Cereal or Muffin, Fruit, Juice and Milk

Lunch: Sloppy Joe w/Bun, Sweet Potatoes, Pineapple and Milk

Monday October 30, 2017

Breakfast: Cereal or Cereal Bar, Fruit or Juice and Milk

Lunch: Chicken Tenders, Carrots, Mixed Fruit, Breadstick and Milk

Tuesday October 31, 2017

Breakfast: Donut, Sausage, Fruit or Juice and Milk

Lunch: BBQ Pulled Pork w/Bun, Smiley Fries, Cinnamon Apples and Milk

Pricing:	Paid Breakfast:	\$1.60
	Paid Lunch Elementary:	\$2.40
	Paid Lunch High School:	\$2.50
	Reduced Breakfast:	\$0.30
	Reduced Lunch:	\$0.40
	Adult Breakfast:	\$2.00
	Adult Lunch:	\$3.50
	Milk:	\$0.50